

Diabetes




According to the CDC, over 37 million Americans suffer from diabetes. When left untreated or not properly managed, diabetes can lead to health issues and illnesses such as blindness, heart disease, stroke, amputation and kidney failure.


Our staff educates the patient and caregivers on life long changes that can be implemented to control sugar levels and help patients avoid unnecessary hospitalizations.



Best Practices Our Team Helps Implement

- ✓ Understanding your disease
- ✓ Helping understand healthy food options
- ✓ Provide tracking tools to stay on target
- ✓ Promoting exercise and balance with activities
- ✓ Understanding insulin and other medications that are best suited for your level of diabetes management

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